

Total Healing Adventure Includes>

Fee includes lodging, meals (excluding alcoholic beverages), body work, tambor lessons, sweat lodge ceremony, herbal baths, guided tours, physical evaluations, and Chi Kung instruction.

Transportation included to and from Mexico City to Amatlan, including transportation in the Amatlan area to Tepoztlan, Las Estacas, University of Indigenous Healing and other organized excursions.

Check website for full details and scheduled dates.



Testimonials

My trip to Cuernavaca was a healing journey. Led by Dr. Edwin Riley, we were guided on a journey to expand inner and outer sight and seeing. We had such unique experiences in meeting local healers and shamans and experiencing their healing arts. Each day began with Tai Chi and energy work to align with and balance our own vital force. The people, the places and the healthy food all contributed to a travel experience that nourished mind, body and spirit.

Judy Martin
Sarasota, Florida

A truly unique vacation adventure experience. Be prepared for lush peaceful colorful surroundings, night-life as exciting as you want to make it, dancing salsa under the stars, a delicious soak in a tub filled with wonderful barks and herbal scents, soothing massage... that is just to mention a few treats in store, and to let you know there are plenty of surprises planned to delight your senses and stimulate your mind.

Edwin and staff went beyond the norm to plan a total healing experience and to introduce you to the warm and wonderful Mexican people and their culture.

Everything flowed beautifully, I want to go back again and again!!

Sandy Hill
Palm Beach Gardens, Florida



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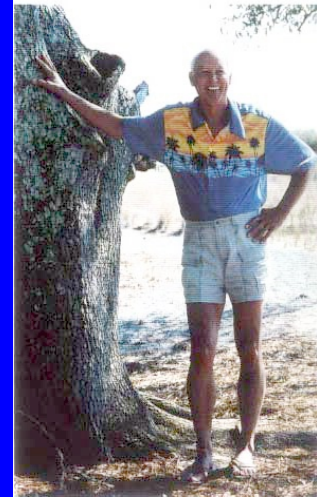
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Total Healing Adventure



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WELCOME TO TOTAL HEALING ADVENTURE!

Welcome to Total Healing Adventure, a fun-filled program designed to allow you to rise to your optimal healing potential with an emphasis on environment, centuries proven wisdom, and encounters with tribal healers and shamans. The location chosen is Amatlan, Mexico, selected for its beauty, climate, and proximity to natural healing experiences. At 5,200 feet in elevation and only 75 minutes south of the airport in Mexico City, this pueblo, considered to be the most powerful energy center on the planet, boasts of a mild climate year-round that is highly suitable for the sub-tropical vegetation which abounds in the area.

Known for its scenery, and healing vibrations, Amatlan's ideal location provides opportunity for side trips within a couple of hours drive at most.



Our Weeks Events

Day One ' Arrival

6:00 - 7:00 Welcome and group introductions
7:00 - 8:00 Cena (Dinner)
8:00 - 9:00 Meditation

Day Two

8:00 - 9:00 Healing Chi Kung
9:00 - 10:00 Desayuno (breakfast outdoor patio)
10:00 Depart for Tepoztlan ' Visit marketplace, local street vendors, hike Pyramid Tepozteco, tour Cathedral and Convent
5:00 Return Amatlan
7:00 - 8:00 Cena
8:00 - 9:00 Guided Body Scan Technique with Dr. Riley

Day Three

8:00 - 9:00 Healing Chi Kung
9:00 - 10:00 Desayuno
10:00 - 2:00 Sweat Lodge Ceremony and Massage
2:00 - 3:00 Comida (lunch)
3:00 - 5:00 Drumming
5:00 Return to Hotel
7:00 - 8:00 Cena
8:00 - 9:00 Group Sharing

Day Four

8:00 - 9:00 Chi Kung
9:00 - 10:00 Desayuno
10:00 Depart for University for Traditional Medicine
Preparation of healing tonics with Shamanic Doctor Manuel
2:00 Comida
4:00 Depart
4:30 - 6:30 Salsa Dance Lesson with Juan de Jesus
7:00 - 8:00 Cena

Day Five

8:00 - 9:00 Healing Chi Kung
9:00 - 10:00 Desayuno
*** FREE DAY TO EXPLORE OR JUST REST**
7:00 - 8:00 Cena
8:00 - 9:00 Group Sharing

Day Six

8:00 - 9:00 Healing Chi Kung
9:00 - 10:00 Desayuno
10:00 University for Traditional Medicine
Herbal baths and Massage
Individual Consultation with Dr. Manuel
2:00 - 3:00 Comida
4:30 - 6:30 Salsa Lesson
7:00 - 8:00 Cena
8:00 - 9:00 Guided Body Scan Meditation with Dr. Riley

Day Seven

8:00 - 9:00 Healing Chi Kung
9:00 - 10:00 Desayuno
10:00 Travel one hour to magical valley with clear healing springs and Royal palms
4:00 - 5:00 Return
7:00 - 8:00 Cena
8:00 - Until **FAREWELL PARTY**

Day Eight

8:00 - 9:00 Healing Chi Kung
9:00 - 10:00 Desayuno
Check out and Hasta Luego

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